

Children's Dosage Guide

If you have questions about your child/children's medication dosages, please contact our office at 317-217-2900.

IN THE EVENT OF AN OVERDOSE, CONTACT POISON CONTROL AT 1-800-222-1222.

PLEASE BE AWARE that the "old" infant acetaminophen drops (80 mg in each 5 ml) have been phased out in the United States and replaced with less-concentrated form of the medicine. The concentrated drops are still safe to use as long as the dose is correct. Please contact our office if you have questions regarding the concentration of the medicine your child is taking.

Know your child's weight and follow the dosage chart.

Acetaminophen Dosages

(Brand names: Tylenol)

This medicine is used for fever and pain relief. It can be given every 4-6 hours as needed. **Please note, some brands have "infant" and "children's" variety. Note that the "new" infant is the same as the "children's". The concentration for both is 160 mg per 5 ml. Please note the dosages below. Again, please check which concentration of Tylenol you are using to be sure you are giving the appropriate dosing per the concentration.**

| Weight | Age | INFANT'S Oral Suspension (160 mg in each 5 ml) | CHILDREN'S Oral Suspension (160 mg in each 5 ml) | Meltaways Chewable Tablets (80 mg tablets) | Junior Meltaways Chewable Tablets (160 mg tablets) | Adult Tablets 325 mg Tablets | Adult tablets Extra Strength |
|--------------|-----------|--|--|--|--|------------------------------|------------------------------|
| 6-11 lbs | 0-3 mos | Do not use | Do not use | Do not use | Do not use | Do not use | Do not use |
| 12-17 lbs | 4-11 mos | 2.5 ml | 2.5 ml | | | | |
| 18-23 lbs | 12-23 mos | 3.75 ml | 3.75 ml | | | | |
| 24-35 lbs | 2-3 yrs | 5 ml (1 tsp) | 5 ml (1 tsp) | 2 tablets | 1 tablet | | |
| 36-47 lbs | 4-5 yrs | | 7.5 ml (1.5 tsp) | 3 tablets | 1.5 tablets | | |
| 48-59 lbs | 6-8 yrs | | 10 ml (2 tsp) | 4 tablets | 2 tablets | | |
| 60-71 lbs | 9-10 yrs | | 12.5 ml (2.5 tsp) | 5 tablets | 2.5 tablets | | |
| 72-95 lbs | 11 yrs | | 15 ml (3 tsp) | 6 tablets | 3 tablets | 1.5 tablets | |
| 95-135 lbs | | | 20 ml (4 tsp) | 8 tablets | 4 tablets | 2 tablets | 1 tablet |
| Over 135 lbs | | | | | 5 tablets | 2.5 tablets | 1.5 tablets |

Ibuprofen Dosages

(Brand names: Motrin and Advil)

This medicine is used for fever and pain relief. It can be used every 6-8 hours as needed.

There is an infant concentration (50 mg per 1.25 ml) and a children's concentration (100 mg per 5 ml). Either one is ok to use in any age child.

| Weight | Age | INFANT'S Drops Ibuprofen (50 mg in each 1.25 ml) | CHILDREN'S Oral Suspension (100 mg in each 5 ml) | Junior Chewable Tablets 100 mg tablets | Adult Tablets 200 mg tablets |
|--------------|-----------|---|---|---|---------------------------------|
| 6-11 lbs | 0-5 mos | Do not use | Do not use | Do not use | Do not use |
| 12-17 lbs | 6-11 mos | 1.25 ml | 2.5 ml | | |
| 18-23 lbs | 12-23 mos | 1.875 ml | 4.0 ml | | |
| 24-35 lbs | 2-3 yrs | 2.5 ml | 5 ml (1 tsp) | 1 tablet | |
| 36-47 lbs | 4-5 yrs | | 7.5 ml (1.5 tsp) | 1.5 tablets | |
| 48-59 lbs | 6-8 yrs | | 10 ml (2 tsp) | 2 tablets | |
| 60-71 lbs | 9-10 yrs | | 12.5 ml (2.5 tsp) | 2.5 tablets | 1 tablet |
| 72-95 lbs | 11 yrs | | 15 ml (3 tsp) | 3 tablets | 1.5 tablets |
| 95-135 lbs | | | 20 ml (4 tsp) | 4 tablets | 2 tablets |
| Over 135 lbs | | | | 6 tablets | 3 tablets |

Antihistamine Dosages

(Brand names: Benadryl, Claritin, Zyrtec and others)

For allergies, don't use under 1 year of age. For colds, not recommended at any age and should be avoided if under 4 years old. Avoid multi-ingredient products in children under 6 years of age.

Bendadryl Dosage

(Generic: Diphenhydramine)

May repeat dosage every 6 hours as needed

| Child's Weight | 20-24 lbs | 25-37 lbs | 38-49 lbs | 50-99 lbs | 100 + lbs |
|----------------------------------|-----------|-----------|-------------|-----------|-----------|
| Liquid 12.5 mg/5ml | ¾ tsp | 1 tsp | 1.5 tsp | 2 tsp | 4 tsp |
| Bendadryl Chewable 12.5 mg | | 1 tablet | 1.5 tablets | 2 tablets | 4 tablets |
| Capsules 25 mg | | | | 1 capsule | 2 capsule |

Claritin Dosage

(Generic: Loratadine)

| | 2-5 yrs | 6-12 yrs | 12+ yrs |
|----------------------------------|----------------------|----------------------|----------------------|
| Children's Liquid 5 mg/5ml | 1 tsp Once Daily | 2 tsp Once Daily | 2 tsp Once Daily |
| Children's Chewable 5 mg tablets | 1 tablets Once Daily | 2 tablets Once Daily | 2 tablets Once Daily |
| Tablets 10 mg | | 1 tablet Once Daily | 1 tablet Once Daily |

Zyrtec Dosage

(Generic: Cetirizine)

| | 6 mos-2 yrs | 2-5 yrs | 6+ yrs |
|-----------------------------------|--------------------|-----------------------|-----------------------|
| Children's Liquid 1mg/1ml | ½ tsp Once Daily | ½ or 1 tsp Once Daily | 1 or 2 tsp Once Daily |
| Children's Chewable 5 mg tablets | | 1 tablet Once Daily | 2 tablets Once Daily |
| Children's Chewable 10 mg tablets | | | 1 tablet Once Daily |
| Tablets 10 mg | | | 1 tablet Once Daily |

Allegra Dosage

(Generic: Fexofenadine)

| | 6mos – 2 yrs | 2-11 yrs | 12+yrs |
|--|---------------------|-------------------|--------------------|
| Children's Liquid 30 mg/5 ml | 2.5 ml Twice Daily | 5 ml Twice Daily | 10 ml Twice Daily |
| Children's Oral Disintegrating 30 mg Tablets | ½ tab Twice Daily | 1 tab Twice Daily | 2 tabs Twice Daily |
| Tablets 60 mg | | | 1 tab Twice Daily |
| Tablets 180 mg | | | 1 tab Once Daily |